

Honorable Jeffery Jones, Mayor Presents

Paterson's Quality of Life e-Newsletter

VOL. 3 - ISSUE 1

JAN/FEB 2014

JANUARY/FEBRUARY FEATURES...

"JANUARY IS NATIONAL EYE CARE AWARENESS MONTH"

When Was The Last Time You Went To See Your Eye Doctor?

New Jersey Commission for the Blind & Visually Impaired & Passaic County Department of Health

Hosting a **FREE EYE SCREENING CLINIC**

(For those who cannot afford these exams or do not have health insurance or are under insured)

Center City Mall

(by PayHalf Store)

301 Main Street, Paterson, NJ 07505

Thursday January 23, 2014 10am -1pm

(And then every 4th Thursday of each month)

Must have an appointment to be seen...

Call Passaic County Department of Health at 973-881-4396

Make your appointment today!!!



"FEBRUARY IS NATIONAL HEART AWARENESS MONTH"

Heart disease is the leading cause of death for both men and women, but heart disease is preventable & controllable...

Every journey begins with one step, whether it's climbing a mountain or preventing heart disease. February is American Heart Awareness Month, CDC is offering weekly tips for better heart health. Take your first step on the road to a healthy heart go to www.cdc.gov/Features/HeartMonth/



Department of Health & Human Services

HIGHLIGHTS FROM DHHS...

- ♦ **OEM, PPD, PFD, EMT's & DHHS** provided a warming center last week to some of our homeless individuals during the coldest record breaking nights last week;
- ♦ **DOH - Need help with understanding the Affordable Health Care application process?** Please feel free to walk-in on Wednesday's from 10:00 – 11:00 a.m. or call **Tabitha or Robin 973.321.1246 ext. 2412 or 2715!!!**
- ♦ **The Paterson Seniors Association, NJ Non Profit Organization** will complete their 501 (c) 3 application this month and will soon be able to write, submit and receive grants on all levels, i.e., city, county, state and federal;
- ♦ **DSS** will expand outreach services to Paterson Veterans. If all goes well the Division of Senior Services will become the Division of Senior Services & Veterans Affairs;
- ♦ **Rent Leveling Division** reports **696 foreclosures** recorded from March 2011 to date.
- ♦ **Planning and Program Analysis** immediately following Council approval, several non profit agencies will receive social service grant award letters. That's the good news however it is unfortunate that our budget has been drastically cut and our reach is limited.
- ♦ **Youth Services Bureau - Teens to be Heard** has recently celebrated their first year. If you need to know more about this incredible program, please contact Ms. Christina Pagan or Director LaQuan Hargrove.
- ♦ **Mercantile Inspector reports** collecting revenue totaling \$47,950 for 2013. Since this Inspector has been in position he has contributed to the city's revenue by \$50,000 annually since 2011.
- ♦ **Weights & Measures Inspector** continues to work diligently on behalf of the citizens to ensure scales for our gas stations, jewelry stores, pharmacy's, Laundromats, etc. are accurate.
- ♦ **Ryan White** continues to provide funding and support to agencies serving individuals and/or families living with HIV and/or AIDS
- ♦ **Paterson Municipal Alliance** – is moving right a long as the Steering Committee and Coordinator work together to have a positive impact on educating youth and adults on the issues relative to alcohol, tobacco and other drugs.

Department of Health & Human Services ~ Division of Health

Is your landlord is responsible for supplying heat and maintaining the heating system but your apartment is still cold?

Then you have the right to file a "No Heat Complaint" when:

- ♦ After you have notified or attempted to notify your landlord and/or property manager where reasonable time has elapsed and landlord has failed to restore the heat.
- ♦ The temperature in your **home** is 68 degrees Fahrenheit or below and the **outside** temperature is 55 degrees Fahrenheit or lower during **daytime hours** (6:00am-11:00pm).
- ♦ During **night-time hours** (11:01pm and 5:59am) if the temperature of your **home** is 55 degrees Fahrenheit or lower and the **outside** temperature is 40 degrees Fahrenheit or lower.



Who do you contact: The Division of Health, Environmental Health Office

- ♦ Monday through Friday from 8:30 am until 4:30 pm call: 973-321-1277 dial 1 Ext. 2756 or 2762
- ♦ After 4:30pm and on weekends and holidays, please leave a message on the **"Heat Hotline"** 973-321-1277 then when prompted 12757

When calling be ready to provide:

Full name, address, telephone number where you can be reached, apartment number and/or floor number so that the **Division of Health** can provide a thorough investigation.

For more information call the **Environmental Health Office** at (973) 321-1277 dial 1 and Ext. 2756 or 2762

Go to **176 Broadway, Paterson, NJ 07505**

You can also email vgood@patersonnj.gov

School-Based Youth Services Program
Positive Development Workshops for Parents:
(Rights, Responsibilities & Joys of Parenting)
Male Mentoring & Fatherhood Workshops (Free)



The School-Based Youth Services Program staff, parents and students, partnered with the John F. Kennedy High School Honors Society. The groups collected over 470 items for food pantries in the City of Paterson to help feed needy families during the Holidays.

The School-Based Youth Services Program staff, parents and students, also partnered with the New Jersey Army Reserve to donate over 300 Toys for City of Paterson needy families during the Holidays.

Next Family Event: The Paterson Youth Council, Dr. Martin Luther King Jr. Youth Recognition Awards. Monday, January 20, 2014

For more information on events like this & Positive Development Workshops for Parents contact:
Mr. William "Raheem" Smallwood or Mr. Anthony Wilson @ 973-321-0541
Program located at JFK High School, Preakness Ave., Paterson, NJ.

PLANNING & PROGRAM ANALYSIS



TRAIL BLAZERS' CAMP

Each summer, Paterson children look forward to spending two weeks away from the city for a unique experience on Trail Blazers' 1000 forested acres. This year, youth from **Silk City School-Based Youth Services Program, St. Augustine Church**, and the **Boys and Girls Club** fished and swam in Lake Mashipacong, rode bicycles on our trails, sang songs around the campfire, explored animal habitats, learned about the farm-to-plate process, backpacked on the Appalachian Trail, made new friends, and fell asleep in canvas teepees under the stars.



The Office of Emergency Management urges residents to assemble a personal disaster preparedness kit for your home and vehicle and remember to check on elderly and disabled relatives and neighbors during inclement weather. Super Bowl is February 2nd please be mindful that all area hotels are already booked for the week before and possibly the rest of the week following the game. While making your festivity plans consider making a plan to stay with friends or relatives in the event of an emergency and you have to evacuate your home. During the record breaking frigid temperatures the Office of Emergency Management with the Department of Health and Senior Services opened a warming center for the safety of our homeless population. We would like to thank the Paterson Fire, Police, Public Works Department and the Paterson CERT team members for their help. A special thanks to Mr. Tim Hanlon, Patrolman K. Kaufman and Mr. Roger Grier for their donations to the center.

Paterson Free Public Library

Need help signing up for Obamacare?
Have questions about enrolling for healthcare through the Affordable Care Act,
but aren't sure how to get the answers?



Paterson Free Public Library has a special hotline.

Call 973-321-1338

Get connected with the resources you need!

Paterson Weight Loss Challenge

MAYOR JEFFERY JONES & DIVISION OF HEALTH PRESENTS: PATERSON'S WEIGHT LOSS CHALLENGE

Let's Get Healthy Paterson!

Remember to get the OK from your physician before starting a diet or exercise program...

Next step: go to www.patersonweightlosschallenge.com

Click on: "How it Works" – complete the name, email address

To the left: Click on: "Click here for Forms & Other Information;

Now you have everything you need:

Please report your weight loss numbers by the 5th of each month either through www.patersonweightlosschallenge.com or email to hperez@patersonnj.gov

Weight loss totals will be documented on a monthly basis and posted on Paterson's Quality of Life e-Newsletter...

We can't do this without you!!!



Department of Public Works

Recycling Initiative Program



Recycling Carts are being delivered to Paterson Residents who registered for the **Recycling Initiative Program** and are committed to participate in the **City of Paterson's Recycling Curbside Collection**. The initiative that is being led by the **Department of Public Works Recycling Division** and supported by the **Administration**, the **City Council**, City's newly formed **Environmental Commission** and **Paterson Public Schools**. Containers being delivered are available in 35 gallon and 65 gallon sizes.

DPW has completed Phase 1 of the recycling container distribution which began November 4, 2013. Over 2100 containers were delivered during in Phase I.

Phase 2 for cart registrations through the Recycling Initiative Program will start after January 1, 2014. Information regarding the new registration dates will be posted on the City website and on Department of Public Works Facebook page. **Above all please recycle!**

Diane Polifronio, Municipal Recycling Coordinator can be reached at 973-321-1393.

Christopher A. Coke, Director of Public Works can be reached at 973-321-1488



This e-newsletter provides information about upcoming activities, projects and meetings as it relates to addressing our Quality of Life issues throughout the City of Paterson.

Please join the areas that interest you...

This Month's Calendar of Events:



In addition to previously mentioned events...please look to support the following:

Every Wednesday until March 15, 2014 between 10am - 11am - **"Instructions to Help You Complete the Application for Health Coverage and Help Paying Cost for OBAMACARE"** - Stop by the Paterson Division of Health 176 Broadway—Ask for **Tabatha or Robin, Health Educators**;

4th Thursday Monthly - **Paterson Senior's Association Meetings** 10:45AM @ 165 5TH Avenue (Riverside Vets Bldg.)

2nd Thursday Monthly – **Pregnant & New Mothers' Group** 3:30pm – 4:30 pm Paterson Public Library 3rd floor;

4th Thursday Monthly – **Pregnant & New Mother's Group** 3:30 pm – 4:40 pm Hispanic Multi-Purpose Center 2nd floor;

First Time Moms – call 973-942-3630;

Every Wednesday - **Senior Wellness Aerobics - Free low impact aerobics class**—All ages are welcome. United Presbyterian Church, 375 Van Houten Street 11:30AM - 12:30PM call 973-742-9755;

Every First Saturday of Each Month - **Souper Saturday Free Community Meal** - from 12 noon - 2PM United Presbyterian Church, 375 Van Houten Street Call 973-742-9755;

Every Friday & Monday, Every 3rd Thursday & Every 3rd Friday - **Food Pantry** sponsored by **Grandparents Relatives Care Resource Center, Inc.** for more info call 973-553-2091 or stop by 224 17th Avenue;

JAN 14 - **The Paterson Free Public Library presents REVOLUTIONARY 5 Film Series - Tout Va Bien** @ 5:30pm in the Assembly Room - Must be 18 to attend - FREE - On-site parking available - Paterson Free Public Library 250 Broadway, Paterson, NJ - www.patersonpl.org 973-321-1223;

JAN 15 thru 19 - **Paterson Pastors Workshop Clergy on Fire Presents Dr. Martin Luther King, Jr. Action Conference - Speaker Michael D. McDuffie** (Sons of God Fellowship Church) 7pm - Bethel A.M.E. Church - 2 auburn St., Paterson, NJ 07501;

JAN 15 - **An Open House Workshop for the Northside Community Action Plan** to gather community input to address vacancy issues, transportation access, flooding and open space, and community safety in the Northside neighborhood - Serenity Baptist Church, 142 North 1st Street, Paterson, NJ 07522, along East Main Street and Haledon Avenue in Ward 1 - 4pm to 7pm;

JAN 18 - **Shabazz Production Presents Annual Martin Luther King Jr. Jazz Festival** - from 6pm to 12midnight @ Church of Assumption 35 Orange Ave., Clifton, NJ—for more info call 973-478-4124;

JAN 21 - **The Paterson Free Public Library presents REVOLUTIONARY 5 Film Series - Salt of the Earth** @ 5:30pm in the Assembly Room - Must be 18 to attend - FREE - On-site parking available - Paterson Free Public Library 250 Broadway, Paterson, NJ - www.patersonpl.org 973-321-1223;

JAN 23 - **New Jersey Commission for the Blind & Visually Impaired & Passaic County Department of Health Is Hosting a FREE EYE SCREENING CLINIC** - Center City Mall (by PayHalf Store) 301 Main Street, Paterson, NJ 07505 - **10am—1pm** (And then every 4th Thursday of each month) **Must have an appointment to be seen...** Call Passaic County Department of Health at 973-881-4396 to make your appointment today!;

JAN 27 - **The Passaic County Clerk's Office and Department of Veterans' Affairs** have partnered to provide Passaic County Veterans with a free Photo ID Card. These cards identify Veterans who served in our armed forces and received an honorable discharge following their military service. Go to **The Paterson Free Public Library** from 4-7pm - FREE - On-site parking available - Paterson Free Public Library 250 Broadway, Paterson, NJ - www.patersonpl.org 973-321-1223. **At the present time, this service is only offered to Passaic County Residents. To schedule an appointment for an ID card, Veterans may contact Debbie Andriani at 973-881-4788 at the Passaic County Clerk's Office located at 401 Grand Street in Paterson or Walter Davison at 973- 513-9900;**

FEB 28 - **JumpStart Productions** - In search of actors for our "Black History Month Play" **"Blame it on the Alcohol"** - Eastside High School 150 Park Ave, Paterson, NJ 6:30pm - 8:30pm - For more info call 862-232-8653;

National Suicide Prevention Lifeline: 1-800-273-TALK(8255) Suicides are quickly becoming a major concern in our community and on a national level.