

CITY OF PATERSON

QUALITY OF LIFE E-Newsletter

VOL. 6 - ISSUE 4 MAY/JUNE 2018



Up-Coming Events

JUNE

2nd

A WellCare Health Plans Signature Event COMING SOON NEAR YOU!

1pm—4pm
Christopher Hope Community Center 60 Temple
Street., Paterson, NJ 07522
For more info call 1-888-453-2543

JUNE

7th

"MINDFUL-CONSULTANTS" Clarisa Romero Presents: Introduction to Mindfulness

Discover How to Rewire Your Brain for Stress
Management, Clarity & Focus
Don't let your emotions control you & your life
RSVP @ ctone@njcdc.org
NJCDC - Horizon - NHC - Life with Benefits

JUNE

15th

OPEN HOUSE! Family, Friends & Alumni Day @ Straight & Narrow, Inc. Adult Medical Day Care

Door Prizes - Light Refreshments -
Game Tournaments -Tour of Facility -
Services Provided 10am—3pm
182 First St., Passaic, NJ 07055
Call for more info 973-405-6675

JUNE

23rd-24th

BETHEL AME PRESENTS: CHRIST STREET BALL TOURNAMENT 4 VS 4 AND 1 SUB

\$5,000 cash prize for the winning Team Three
Divisions: Juniors—High School—Unlimited
Montgomery Park—Leave a Voicemail
@ 973-523-2048

Team Signup for Paterson, NJ Residents ONLY

JUN-JUL

Register Now!

OASIS Summer Classes For Women Registration Opened April 2nd

English As a Second Language
Computers & Basic Literacy
Monday & Wednesday
June 18—July 18
Call Evelyn at 973-881-8307 ext.124

Events Updates: Recap

"Your Mother is always with you. She's the whisper of the leaves as you walk down the street. She's the smell of certain foods you remember, flowers you pick, the fragrance of life itself. She's the cool hand on your brow when you're not feeling well. She's your breath in the air on a cold winter's day. She is the sound of the rain that lulls you to sleep, the colors of a rainbow; she is Christmas morning. Your mother lives inside your laughter. She's the place you came from, your first home, and she's the map you follow with every step you take. She's your first love, your first friend, even your first enemy, but nothing on earth can separate you not time, not space... not even death."

- UNKNOWN

*Don't forget to check out all upcoming
Spring & Summer Events!*



WE HONOR AND LOVE YOU



2018 National ASTHMA & ALLERGY Awareness Month



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MEMBERNEWS MAY 2018



FOR MORE IDEAS ON
HOW TO STAY
ENGAGED
visit ymca.net/membernews

ENGAGE AT ANY AGE

The Y believes you are never too old or too young to take part in activities that strengthen your physical, mental, and social-emotional well-being. Ys across the nation provide opportunities for older adults to improve their health, build relationships and contribute to our cause of strengthening communities. There's a program at your Y that's right for you.



STAY ACTIVE

Engage in regular physical activity to stay in shape and help prevent problems, such as arthritis, that come with age.



STAY SOCIAL

Ask about volunteer activities at your Y as a way to build meaningful relationships.



STAY HEALTHY

Eat a variety of fiber-rich fruits and vegetables as part of a healthy diet.



STAY ENGAGED

Serve as a mentor and foster relationships with youth (they can teach you things, too).

HELP SEND KIDS TO CAMP!

May 1-22, you can make a donation at any Macy's store to support local Y camp scholarship programs.



IS YOUR Y THE NICEST PLACE IN AMERICA?

Nominate your local Y to be considered for Reader's Digest's Nicest Place in America at RD.com/Nicest programs.



May

Mental Health Awareness Month



JUNE

The color of survivorship
is purple

**PARENTS
WHO HOST
LOSE
THE MOST**



**DON'T BE
A PARTY TO
TEENAGE
DRINKING.**
It's against the law.





Paterson Seniors Association

Invites you to:

Our Mother's and Father's Day Breakfast

55 or older

Date: June 6, 2018

Time: 10:00 a.m. – 1:00 p.m.

*Location: Riverside Vets Community &
Recreation Center
165 5th Ave., Paterson, NJ*

Cost: \$10.00

No transportation



*Please call if you have any questions at
973-653-5932*

Between the hours of 9:00 a.m. – 4:00 p.m.

Paterson Public Library announces the 2018 Summer Reading Program "Libraries Rock"

**July 2nd - August 10th
at all library locations for
Children, Teens and Adults**



You can also visit our Branch Libraries ~ Please call for library hours.

Northside Branch: 60 Temple Street ~ 973.321.1309
Southside Branch: 930 Main Street ~ 973.357.3020
Totowa Branch: 405 Union Avenue ~ 973.942.7198

Main Library: 250 Broadway ~ 973.321.1223
Monday—Thursday 9-8pm
Friday and Saturday 9-5pm

Stop in and get some books for your Summer Reading
and ask for further information about our programs

All programs are FREE for everyone to ENJOY!

Book Discussion



EST 1885
PATERSON
FREE PUBLIC LIBRARY
First Public Library in New Jersey

"Pray for Rain"
**A Guide to Building Your Business
with Little to no Money**
by
Taneice Chavers

**Thursday, June 14, 2018
6pm**

**Paterson Public Library
Assembly Room—2nd Floor
250 Broadway, Paterson, NJ
www.patersonpl.org**



Pray for Rain is about having faith and perseverance to live out your dreams despite where you come from or any obstacles you face. It's designed to challenge you to see your tribulations as gifts to propel you forward into your destiny, and show you how to build a business with little resources or support.

Taneice Chavers is a business entrepreneur, real estate investor, and author. Taneice's ability to grow and maintain a successful business despite the many setbacks and struggles throughout her life inspired her to write

*Pray For Rain: A Guide to Building
Your Business With Little To No Money.*

**For more information, please call
Shombay Burton - 973-321-1223**

Refreshments Available!



Paterson Senior Association



Presents:



CASINO AND RESORT

Bus Ride

State ID or Passport

Date: July 14, 2018 (Saturday)

Time: 9:00 a.m. Sharp

Pickup Location: C-Town (Madison Avenue)

Ticket Price: \$35.00

Get \$15 Back in Slot Play

50/50 Raffle and Gifts on the Bus.

Contact Person:

DIANE MCCALLUM (973) 767-4030



SUMMER CLASSES FOR WOMEN

Pre-GED

(Pre-test at Registration)

9:00am - 11:45am

Contact Evelyn Cuciti, 2nd floor
(973) 881-8307 X 120
EvelynCuciti@oasisnj.org

PLEASE JOIN US!

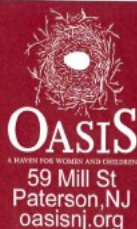
**REGISTER
NOW**

CLASSES
MONDAY - TUESDAY
WEDNESDAY

**JUNE 18 -
JULY 27**

CLASSES \$10

NO CHILDCARE
AVAILABLE



FROM SURVIVING TO STRIVING

DOMESTIC VIOLENCE SUPPORT
GROUP

EVERY WEDNESDAY

10AM - 11AM (ENGLISH)

11AM - 12PM (SPANISH)

1:30PM - 2:45 PM (ENGLISH)

LOCATION: 59 MILL STREET
3RD FLOOR CONFERENCE ROOM

FOR MORE INFORMATION CONTACT: JENNIE VEGA 973-881-8307 EXT. 122



**SATURDAY
MAY 12TH 2018
11:00 AM TO 2:00 PM**

Department of Family & Community Engagement
FREE MEDICAL CLINIC FAIR

Outside Vans
Board of Health - HIV
NJ Buddies - HIV

Inside Vendors
Center for Vein Restoration - Vein Screenings
Hearing Aid - Ear Screenings
NJ Eye - Eye Screenings
St Joseph's - Cancer Screening Appointments
West Broadway Dental - Dental Information
Wellcare - Health Insurance Information
Amerigroup - Health Insurance Information

OASIS
Event Participants:
Open to All Adults
18 Years or Older
(All Are Welcomed)

**OASIS A HAVEN FOR
WOMEN AND CHILDREN**
59 Mill Street
Paterson NJ 07501
973-881-8307
oasisnj.org

IT'S PATERSON'S TIME!

HOW DO WE INSPIRE PATERSON TO
CONNECT & EMPOWER ALL OF OUR PEOPLE,

REINVIGORATE OUR ECONOMY,
FOSTER HEALTHY NEIGHBORHOODS,

CELEBRATE OUR ACHIEVEMENTS,
AND BECOME

A MODEL CITY FOR HOPE & OPPORTUNITY?

Create

Lead

Collaborate

CREATIVE PATERSON: A CALL TO COLLABORATION

MON., JUNE 18 & TUES., JUNE 19, 2018 | 8:30AM – 3:30PM

PASSAIC COUNTY COMMUNITY COLLEGE GYM | 203 ELLISON ST. | PATERSON, NJ 07505

Join us! For directions, parking & registration visit: www.CreativePaterson.eventbrite.com

This 2-Day Meeting is NOT your typical conference. **You** create the agenda & lead breakout sessions on topics you care about; **you** contribute your best ideas; **you** collaborate with others in your community. Registration is Free & Required.

Put your creative thinking caps on and join a diverse group of people from throughout the City! This gathering includes residents, business owners, seniors, educators, students and community, faith-based, nonprofit, and municipal leaders – all who have a stake in the future of Paterson!

We gratefully acknowledge our host venue:

PASSAIC
COUNTY
COMMUNITY
COLLEGE

Creative New Jersey (CNJ) is dedicated to fostering creativity, innovation and sustainability by empowering cross-sector partnerships in commerce, education, culture, government and philanthropy, in order to secure dynamic communities and a thriving economy.
www.CreativeNJ.org

Creative New Jersey gratefully acknowledges the leadership support of
The Geraldine R. Dodge Foundation.



Creative Paterson Host Team:

Kim Birdsall, Health Coalition of Passaic County; Jen Brady, OASIS; Mikayla Carter*, Paterson Youth Council; Giancarlo Di Lonardo, NJ Community Capital; Barbara Dunn, Paterson Habitat for Humanity; Veronica Fernandez Rogers, AmeriCorps; Pierre Francis, Kintock Group Community Resources Centers; Rosie Grant, Paterson Education Fund; Bob Guarasci, NJCDC; S. Nadia Hussain, Bangladeshi American Women's Development Initiative; Steve Lenox, TAPinto Paterson; Pastor Carolyn McCombs, New Destiny Family Success Center; Kate Muldoon, William Paterson University Small Business Development Center; Mike Powell, Passaic County Community College; Nicholas Rodriguez, Inner City Ensemble; Rana Sabagh, Islamic Center of Passaic County; Inge Spungen*, Paterson Alliance; Luis Vega, Paterson Fire Department; Jim Walsh, OASIS

Creative New Jersey's Team:

Elizabeth Murphy, Kacy O'Brien, Diana Mendez
and Ann Marie Miller, ArtPride NJ

*Creative Paterson Host Team Co-Chairs



DIVISION OF SENIOR SERVICES



The Paterson Division of Senior Services provides transportation services to our seniors & disabled citizens through the Para-Transit Program.

- ⇒ Doctor Appointments
- ⇒ Medical Treatments
- ⇒ Grocery Shopping
- ⇒ Nutrition Sites (include DSS Center)
- ⇒ VA Hospital
- ⇒ Recreation Trips

The Division of Senior Services works towards enhancing the quality of life for Older Americans & Individuals with Disabilities who are residents of the City of Paterson.

Advisory Councils (Aging & Disabled) advocate & assist in the full inclusion & fair representation of residents who are sixty years of age or older & residents of any age who have disabilities.

Title VI Non Discrimination Policy and Transportation Program Complaint forms can be found on the patersonnj.gov website under the Department of Health & Human Services – Senior Services & Transportation Division.

[Title VI Non Discrimination Policy - Transportation Program](#)

[Title VI Non Discrimination Policy - Complaint Form \(English\)](#)

[Formulario de Quejas Titulo VI Poliza No Discriminacion \(Espanol\)](#)

[Title VI Non Discrimination Policy - Complaint Form \(Arabic\)](#)



Call 973-653-5932 for details



"We Now Have 2 New Buses"



School-Based Youth Services Program, Afoofa Cultural Diversity club (All for One/One for All), Fatherhood resources and Parent Workshops (Free)

The School-Based Youth Services Program participated in numerous events this past month. On April 26, 2018, staff, and Free-Teens Members attended a Book Discussion at the Paterson Free Public Library. **Anthony Graves “Infinite Hope” Author** was wrongfully convicted of multiple homicides in 1992. Graves cofounded “Join Hands for Justice” that led to global efforts to prove his innocence while still in prison. **The Paterson Public Library Director Corey Fleming blessed the Teens in attendance with free hardcover book and a promise that a book discussion will occur.** The Author had a brief discussion with each student regarding goals, career plans and challenged them to graduate, pursue a college degree and advocate for change in their community.

SBYSP staff and students became certified in Mental Health First Aid. The group was trained in the following: Warning signs for mental Health, addiction concerns, strategies for how to help someone in both crisis and non-crisis situations and where to turn to for help. Topics covered were: Anxiety, Depression, Bipolar, Grief, and Schizophrenia to name a few.

Next School Based Youth Services Program Event: Men's Health & Wellness Day.

For Additional information contact SBYSP Staff @973-321-0541

School-Based Youth Services Program is funded by New Jersey Department of Children and Families.



THE GREENEST PLACE

CITY GREEN'S ANNUAL GARDEN CONTEST

THE GREENEST PLACE IN PATERSON GARDEN CONTEST A CITY GREEN COMMUNITY EVENT

Enter your garden in City Green's "Greenest Place in Paterson" Garden Contest! If you have a special place in your home, church, school or neighborhood that you think is worthy of recognition, we would love for you to join us. There will be winners in many categories and participation is free! Both flower and vegetable gardens of all sizes are welcome to join. The application deadline is June 29th. Judging takes place in the summer. The Awards Ceremony is September 6th. Contact Erin for an application. 973-869-4086 or emaguire@city-green.org



THE GREENEST PLACE IN PATERSON

GARDEN CONTEST APPLICATION



Gardener's Name			
Address of Garden			
Daytime Phone #		Email Address	
Please select the category which you're competing in			
Best Vegetable Garden ____		Best Use of Art in the Garden ____	
Best Flower Garden ____		Best Church Garden ____	
Best Curb Appeal ____		Best Overall Garden ____	
Best Container Garden ____		Green Your Block ____	
Most Creative Garden ____		Best Government Garden ____	
Best Garden at a Business ____		Rookie of the Year Garden ____	
* What is the best month to judge your garden? (circle one) June July August			
<p>Please completely fill out this application and return it to City Green at 171 Grove St. in Clifton, NJ 07013. You can also email us the application at emaguire@city-green.org or fax it to us at 973-998-0682</p>			
<p>Important Dates Application Deadline: Friday June 30th</p>			
<p>Garden Contest Awards Ceremony: Thursday, September 6th, Rain Date is Friday, September 7th.</p>			
<p>The "fine print"</p> <ul style="list-style-type: none"> • Only gardens located in the City of Paterson are eligible to apply • Photos will be taken of registered gardens and may be used for press or marketing purposes. • Gardens may only win in ONE category per year • City Green has the right to choose the appropriate category for entrants if one has not been chosen • Grand Prizes and runners up will be awarded in all categories, certificates of participation will be given to all registrants. • Judging criteria will include: General Appeal, Use of Color, Creative Use of Space, Plant Material and Quality, Neatness and Tidiness of Garden 			

4th Annual **Prayer & Praise** *for Paterson*

*I waited patiently for the Lord; and he inclined
unto me, and heard my cry. Psalms 40:1*

Join us

June 23

11:00am

Eastside Park Pavillion

Contact: (646) 765-6966

Loris Young

(973) 278-0220 Pastor Carolyn McCombs

In addition to previously mentioned events...please look to support the following:

MON—FRI Paterson Division of Health has PrEP Tests available at 176 Broadway, Paterson from 9am—4pm for more info call Yesenia at 973-321-2735;

MON—FRI Paterson Division of Health has Hepatitis C Screening available at 176 Broadway, Paterson from 9am—4pm and on the DOH Medical Mobile Unit for more info call 973-321-1277;

MON—FRI “The St. Paul’s Community Development Corporation’s Next Step Workforce Development Program” provides classes in Adult Basic Education/Special Needs (SOAR), GED Preparation and Testing, Vocational Culinary, as well as computer literacy and employable soft skills. The program also administers the WIOA Youth Program and the Breaking the Cycle Initiative For info go to Center City Mall, 301 Main St., Paterson or call 973-232-1339 - 8:30 till 4:30;

TUES & WED—Grandparents Relatives Care Senior Community Resource Center Inc. “Diaper Program” for families with newborns and infants sizes newborn to size 3 —go to 257-259 Rosa Parks Blvd. Paterson, NJ 9am-12pm and 1-3pm;

MON, TUES & WED— Paterson Task Force “CDL Training Course “ Class sessions 6-8pm for more info go to 109 Washington Street, Paterson, NJ or call Alvonesha Brown CDL Coordinator 973-219-2333 ext. 109;

Every Wednesday - Paterson Free Public Library: “The Passaic County Board of Social Services is Here” to Help YOU! Apply for Medicaid; Questions About Assistance; Needs of Social Services; Drop by the Library 250 Broadway, Paterson, NJ (Quiet Study Area) between 12:30pm to 3:30pm - Onsite Parking-for more info call 973-321-1223;

Every 2nd Thursday of the Month - Paterson Seniors Association Nonprofit Organization 10:45-11:30 am Riverside Vets Building @165 5th Avenue If interested in having lunch contact: **Ms. Diane McCallum** 973-653-5932 (for application procedures);

The Emergency Food Coalition is now located at CUMAC 223 Ellison Street - Paterson, NJ 07505 For more info 973-742-5518 2:00 – 4:00pm For NEW referrals;

2nd Thursday Monthly – Pregnant & New Mothers’ Group 3:30pm – 4:30 pm Paterson Public Library 3rd floor;

4th Thursday Monthly – Pregnant & New Mother’s Group 3:30 pm – 4:40 pm Hispanic Multi-Purpose Center 2nd floor;

First Time Moms – call 973-942-3630: